

E-Messenger

First Church of Christ

Seven skills separate successful kids from **‘the ones who struggle’**—and how parents can teach them:

1. Self Confidence: Most parents equate self-esteem with self-confidence. They tell **their kids** “**You’re special**” or “**You can be anything you want.**”

But there’s **little evidence** that boosting self-esteem increases academic success or even authentic happiness. Studies do show, however, that children who attribute their grades to their own efforts and strengths **are more successful** than kids who believe they have no control over academic outcomes.

Real self-confidence is an outcome of doing well, facing obstacles, creating solutions, and snapping back on your own. Fixing **your kids’ problems** or doing their tasks for them only makes **them think**: “They

don’t believe I can.”

Kids who have self-assuredness know they can fail but also rebound, **and that’s why we** must unleash ourselves from hovering, snowplowing, and rescuing.



2. Empathy: This character strength has three distinct types: affective empathy, when we **share another’s** feelings and feel their emotions; behavioral empathy, when empathic concern rallies us to act with compassion; and cognitive empathy, when we **understand another’s** thoughts or step into their shoes.

Kids need an emotional vocabulary to **develop em-**

pathy. Here are ways parents can teach that:

- ◆ Label emotions: Intentionally name emotions in context to help them build an emotion vocabulary: **“You’re happy!” “You seem upset.”**
- ◆ Ask questions: **“How did that make you feel?” “You seem scared. Am I right?”** Help your child recognize that all feelings are normal. How we choose to express them is what can get us in trouble.
- ◆ Share feelings: Kids need opportunities to express their feelings in a safe way. Create that space by sharing your own emotions: **“I didn’t sleep much so I’m irritable.” “I’m frustrated with this book.”**

October Issue

Volume 11, Issue 10

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Like anything we read the Bible is the final authority but I do believe there is some value here as parents and grandparents seek to raise a child.

Destined to Win,

Larry Snavelly

Serving in October

Deaconesses:

Pam Hartman & Angie Murphy

Elder Schedule:

2—Dave Beerbower
9—Doug Haase
16—Jim McPeak
23—Mark Rhodes
30—Larry Snavelly

Nursery:

2—1st/SS—Stacie Beerbower
2nd—Stacie & Sam Ryan
9—1st/SS—Eric & Angie Murphy
2nd—Sharon Blinzler & Jessica
Arend
16—1st-2nd—Cody & Ashley
Grimm
23—1st/SS—Terence & Beth Clingman
2nd—Stacie Beerbower & Jessica

Arend

30—1st-2nd—Barry & Kelly
VonDeylen

Children's Church:

2—Ryan Beerbower
9—
16—Ryan Beerbower
23—Ryan Beerbower
30—Ryan Beerbower

Birthdays & Anniversaries



3 Jena Suffel
4 John Garver
5 Zoei List, Sandi Oberlin
7 Jacob Karnes
9 MaKenzie Manges
11 Josh Tonneas
12 Breck Hesselschwardt
14 Garry Oberlin
18 Deb Rhodes
21 Rachel Hesselschwardt,
Lydia Sprow
22 Nathan Gambler

23 Brandon Gambler, Doug
Grimm, Terry Karnes,
Steve Tressler
24 Amanda Beck, Cindy Perry
28 Dottie Hallett, Gene Ordway
31 Tom Horton, Nancy
Wagner



3 Brian & Amber Rogers

(24)
4 Todd & Cindy Karnes
(36)
13 Ramon & Barbara
Alpaugh (65)
15 Mark & Char Brandt (28)
20 Bryan & Katrina Tonneas (38)
30 Terry & Deb Hallett (46)

Family News

Janet McCarthy has some trees she needs cut up and removed from her property. The trees are already down. If you are interested in some of this wood, please contact Janet (419-769-5345).

SYMPATHY

The church family extends her sympathy to Justin & Erica

McNamara on the death of Erica's grandmother, Elaine Pickering. We also extend sympathy to the family of Frieda Stark.

Thank you

Dear Christian Friends,
Thank you all so much for the cards and prayers from my accident. I'm up and walking


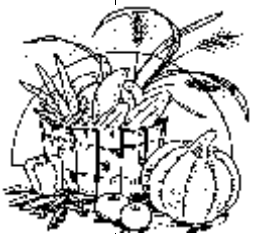
with my walker. Love to all,
Edith Wagner

Attention Senior
Saints:

We will do Lunch
Bunch on 10/25 at
11:45 AM at Iron
Horse Brews in Sherwood. No transportation will be provided.



October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 8:00 Worship 9:15 Sunday School 10:15 Worship 11:45 Parent Meeting	3 9:30 Senior Seekers	4 9:00 MOPS 10:00 Craft Group	5 9:30 Ladies Bible Study 5:45 Supper 6:00 MOPS 6:15 Club 225 6:30 Adult Bible Study	6	7	8
9 8:00 Worship 9:15 Sunday School 10:15 Wor-ship	10 9:30 Senior Seekers	11	12 9:30 Ladies Bible Study 5:45 Supper 6:00 Ladies Bible Study 6:15 Club 225 6:30 Adult Bi-ble Study	13	14	15
16 8:00 Worship 9:15 Sunday School 10:15 Wor-ship	17 9:30 Senior Seekers	18 9:00 MOPS	19 9:30 Ladies Bible Study 5:45 Supper 6:00 MOPS 6:15 Club 225 6:30 Adult Bible Study	20	21 9:30 5th Quarter	22
23 8:00 Worship 9:15 Sunday School 10:15 Baby & Child Dedication Service & Wor-ship	24 9:30 Senior Seekers	25 11:45 Lunch Bunch	26 9:30 Ladies Bible Study 5:45 Supper 6:00 Ladies Bible Study 6:15 Club 225 6:30 Adult Bi-ble Study	27	28	29
30 8:00 Worship 9:15 Sunday School 10:15 Wor-ship	31 9:30 Senior Seekers					



First Church of Christ

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Love All, Worship One,
Make Disciples

Bryanfcc.org



Connect with us!

Office Hours: Monday—
Thursday 8:00 AM-5:00
PM

Facts & Figures

September 4

Attendance SS NC	Worship 43/55
Offering	\$6,056.21

September 11

Attendance SS 28	Worship 52/70
Offering	\$3,142.93

September 18

Attendance SS 37	Worship 50/83
Offering	\$6,773.73

September 25

Attendance SS 31	Worship 42/109
Offering	\$249.99

Needed for Budget \$5,091.46

Love All

Our Service Personnel:

Austin Brandeberry (GA),
Lindsey Carter (FL), Patrick
Rendleman (GA), Josh Severs
(AL), Braxton Singer (NC),
Katie Sparks (PA)

Cancer: Gwen Acker-
Dickinson, Nathan Bailey,
Marcia Baumgartner, Sue Bev-
er, Tim Bight, Brent, Jennie
Case, Andrew Dell, Adam
Farger, Carrie H., Sheila Hart-
nett, Jim Henson, Molly John-
ston, Kent, Chuck Lees, Ron
Lewis, Mark & Carrie, Chloe
Merrilet, Rexann McCrary,
Crystal Miller, Ruth Ordway,
Mary Pinckley, Anna Pitman,

Elaine Purdue, Sue Secoy, Eliz-
abeth Shetler, Terry Shinaberry,
Annette Snavelly, Lyle Snavelly,
Amy Tobin, Linda Walker,
Kathy Walton, Drew Way-
man. *Other Concerns:* Jen-
nifer Mavis, Trevor Bailey,
Neighborhood, Arlene Boyer,
Danielle Strouse, Brenda Ridg-
way, Cindy Wolf, Zach Swish-
er, Cheryl Towers, Gene Nash,
Kim Beek, Joshua Taylor,
Keely Strouse, Gene Crawford,
children's ministry, Danny
Hull, Cindy Webber, Kevin
Ayre, Kathy Moog, Marsha
Fisher; Marty, John Fry, Jack-
son Wolph, Shawn Roose, Jerry

Hug; Fran Mavis, Nathan
Ray, Gene Johns, Nehemiah
Haase, Raymond Folk, Holly
Spro, Shawn Gambler, Randy
Fisher, Nikki Gordon & Fam-
ily, Braxton & Trish Snavelly,
Annie Engel, Joanne Allison,
Carson Strouse; *Shut Ins:*
Fountain Park: Esther Krill;
Hillside: Charlene Gambler;
Home: Barb & Ramon
Alpaugh, Annie Engel, Ron &
Linda Lewis, Marilyn Lundy,
Leona Puff, Edith Wagner
SKLD: Gloria Wright.



Isaiah 26:3 Thou wilt keep
him in perfect peace, whose
mind is stayed on thee:
because he trusteth in thee.



fill your minds

with those things that are good
and deserve praise:
things that are true,
noble, right, pure, lovely,
and honorable.
Philippians 4:8



MOPS

MOPS and MOPS
Next resumes in Sep-
tember! Regular
MOPS meetings have
resumed. There are
now Tuesday (1st &
3rd Tuesdays) gather-
ings 9-11 AM at the church. Wednes-
day night gatherings (1st & 3rd
Wednesdays) are 6-7:30 PM. Child-
care will be provided. Contact Stacie
Beerbower or Kim Snavelly for ques-
tions. Check out their Facebook page
@ MOPSoftbryanfcc. You may also
contact them via mopsoftbry-
anfcc@gmail.com.

Baby & Child Dedication Service

The Elders are organizing a Baby & Child Dedication Service sched-
uled for Sunday, October 23rd at the
beginning of the 2nd worship ser-
vice. All babies and children are wel-
come (there's no age limit). There
will be an informational meeting for
parents on Sunday, October 2nd im-
mediately following the 2nd service.
If you are interested in participating
but can't attend this meeting, please
see Larry as soon as possible.

James 4:7 "Submit
yourselves therefore to
God. Resist the devil,
and he will flee from
you."

